THE HEDGES ON BLUE MOUNTAIN LAKE SINCE 1921

NEARBY HIKING TRAILS

Full hiking guide available at the office.

1 Castle Rock

5 min. | 3.0 or 3.5 miles | 580′

A classic hike to an open summit above Blue Mountain Lake with a spectacular view. Moderate but very steep section just below the top. Can connect with Upper Sargent Pond Trail for a 3.5-mile loop hike. 43.87310, -74.45038

2 Blue Mountain

5 min. | 4.0 miles | 1523′

The 3,759-foot summit has excellent views of the lake and the entire area. Moderate to very steep grades, especially near the top. The fire tower provides superb lake views. Large parking area just past the Museum. 43.87435, -74.43108

3 Tirrell Pond

5 min. | 6.0 miles | 500′

Same parking area as #2. Follow the yellow trail markers from north end. The Tirrell Pond Lean-to is very scenic with sand beach. The N-P Trail continues south along pond and comes to the O'Neil Flow Lean-to in 1.1 miles. 43.87435, -74.43108

4 Cascade Pond

5 min. | 5.6 miles | 300′

There are three trails to this picturesque mountain pond. We suggest the one off Durant Road. This starting point leads over the "floating bridge" at Rock Pond; just hiking to the bridge is a 1.2 mile out-and-back. 43.84827, -74.42398

5 Grassy Pond

5 min. | 0.8 mile | 0′

Wilson's Pond

5 min. | 5.5 miles | 600′

Grassy Pond is short, while Wilson Pond is a remote destination with a lean-to. Follow the red DEC FOOT TRAIL markers. The yellow trail one mile in is a connector trail to the Cascade Pond Trail. 43.843217, -74.476967

6 O'Neil Flow/ Northville-Placid Trail

5 min. | 5.8 miles | 150′

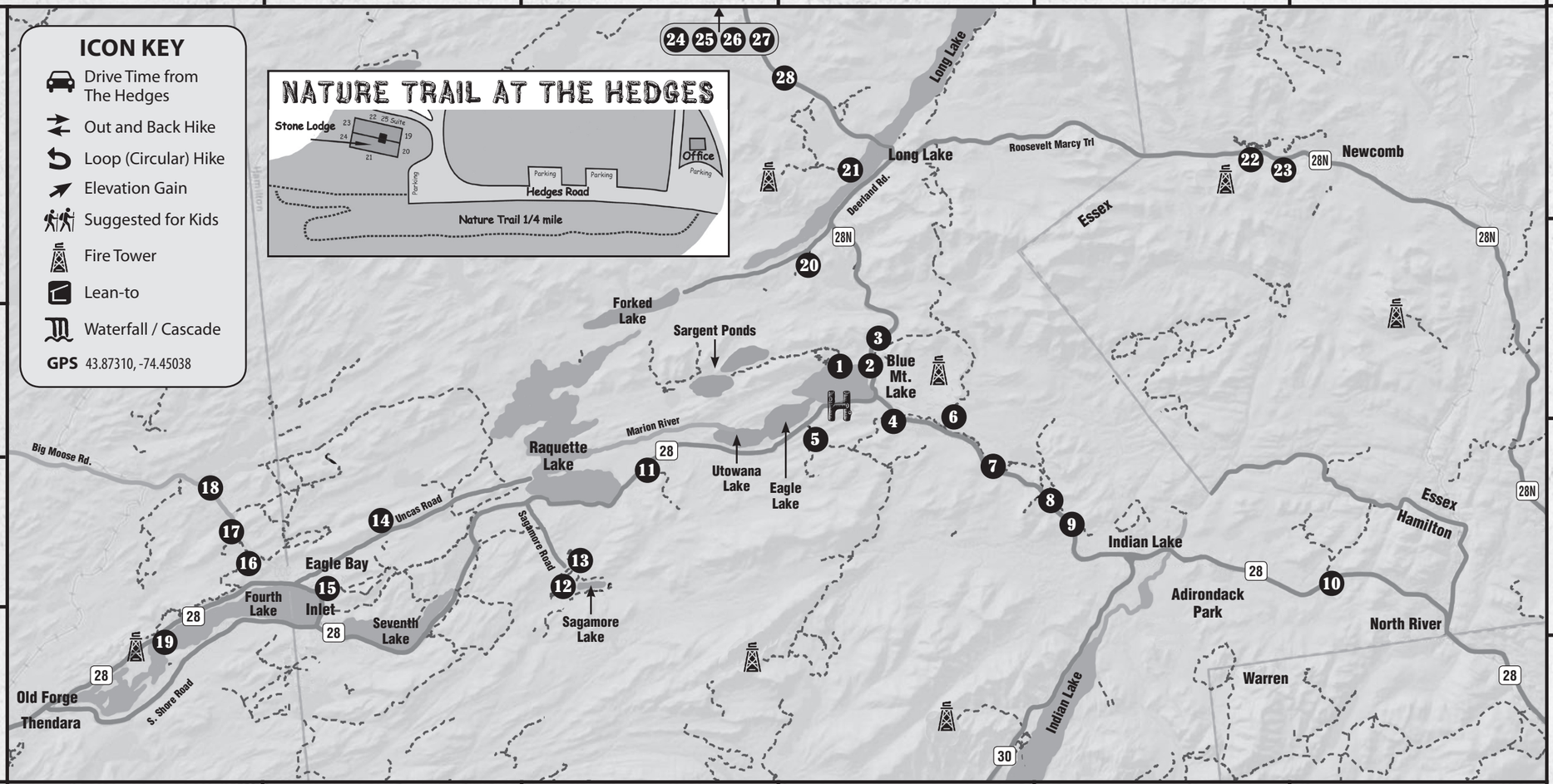
Peaceful section of the NPT and an easier way to visit Tirrell Pond, though you arrive at a smaller beach on the southern end. There are a lean-to and small falls at the pond's outlet. 43.84232, -74.38639

Scan to access a Google Map of all trails.

www.tinyurl.com/hedgestrails

ICON KEY

- Drive Time from The Hedges
- Out and Back Hike
- Loop (Circular) Hike
- Elevation Gain
- Suggested for Kids
- Fire Tower
- Lean-to
- Waterfall / Cascade
- GPS 43.87310, -74.45038



7 Rock Lake Trail

10 min. | 1.6 miles | 250′

Easy hike along Johnny Mack Brook to lake with views of Blue Mtn. and Dun Brook Mtn. There are campsites and a connection with the Rock River Trail. 43.82107, -74.34772

8 Rock River Trail

10 min. | 6 miles | 350′

Skirts Rock Lake (a short bushwhack leads to shore) before following a snowmobile route to an old campsite on the Rock River. 43.81297, -74.32302

9 Sawyer Mtn.

10 min. | 2.2 miles | 630′

Relatively easy so this peak is popular with families. The summit is wooded but there is a lookout as you climb, as well as one 250′ beyond the peak. 43.81094, -74.32146

10 OK Slip Falls Trail

30 min. | 6.4 miles | 150′

Leads to an overlook for a 200-foot-high waterfall. Trailhead provides access to Ross, Whortleberry and Big Bad Luck Ponds. From parking area walk 2/10 mile west on NY 28. 43.77250, -74.12967

11 Death Falls

15 min. | 0.6 mile | 0′

Not much volume though the water tumbles 100′ off the scarp. The right fork goes to the top of the waterfall, the left to the base. 43.81274, -74.59614

12 Sagamore Lake Loop

20 min. | 3.7 miles | 0′

If not a Sagamore guest, park in DEC lot. 43.76340, -74.63125

13 Sagamore Cascades

20 min. | or | 3.1 miles | 0′

Follows old road along South Inlet stream. 43.77092, -74.63695

14 Ferd's Bog

35 min. | 0.6 mile | 100′

Long boardwalk over a bog. 43.78547, -74.74950

15 Rocky Mtn. Trail

35 min. | 1.2 miles | 445′

Open views of Fourth Lake. 43.76480, -74.79489

16 Cascade Lake Trail

35 min. | 5.5 miles | 250′

Mostly along old camp roads. 43.78149, -74.83190

17 Moss Lake Trail

40 min. | 2.5 miles | 150′

Camp sites & natural sand beach. 43.78877, -74.84455

18 Queer Lake Trail

45 min. | 7 miles | 250′

Remote campsite on lake & a lean-to. 43.80307, -74.84797

19 Bald (Rondaxe) Mtn.

45 min. | 2 miles | 500′

Nice "leg-stretch" on way to The Hedges. 43.74558, -74.89952

20 Buttermilk Falls

30 min. | 0 miles | 0′

Must-see cascade down North Point Rd. 43.91468, -74.48388

21 Owl's Head Mtn.

35 min. | 6.2 miles | 1300′

Short drive down Endion Lane. 43.96355, -74.45276

22 Goodnow Mtn.

35 min. | 3.8 miles | 1040′

Amazing views toward the High Peaks. 43.96967, -74.21457

23 Adirondack Interpretive Center

35 min. | Various Dist. | 75′

Great place to introduce small kids to ADK hiking. 43.97413, -74.18717

24 Coney Mtn.

40 min. | 2.2 miles | 525′

Great for beginners, 360-degree view summit. 44.10065, -74.52973

25 Goodman Mtn.

40 min. | 3.2 miles | 500′

Great views of Tupper Lake & Coney Mtn. 44.11564, -74.53569

26 Mount Arab

1 hr. | 1.9 miles | 700′

Worth considering if going through Tupper. Fire tower offers commanding views of the lakes below and High Peaks to the east. 44.21368, -74.59598

27 The Wild Center

1 hr. | Various Distances

Many exhibits & several nice trails. Especially nice is the switchback trail down to Raquette River. 44.21993, -74.43697

28 John Dillon Park

25 min. | Various Distances

Fully accessible trail system & campground in beautiful lakeside setting. 44.00676, -74.49030