PRANA MAYA
ISLAND RESORT

BREAKFAST MENU

THE GRILL AT PRANA MAYA

Taquitos Breakfast **$14 USD / $28 BZ**
Homemade fry jack filled with scrambled eggs, refried beans, pico de gallo and sour cream
V

Omelette **$18 USD / $36 BZ**
Two eggs filled with Swiss cheese, served with tomato sauce, black beans and plantains, with homemade bread or corn tortilla
V | GF

Prana Maya Breakfast **$21 USD / $42 BZ**
Two fried eggs with tomato chirmol, grilled bacon, grilled sausage, black beans, waffle, honey and fruit, with homemade bread or corn tortillas
GF

French Toast **$14 USD / $28 BZ**
Soft white bread dipped in milk, egg, cinnamon and brown sugar, grilled to golden brown and served with red pepper and blackberry honey butter and fresh fruit

Belgian Waffle **$15 USD / $30 BZ**
Thick, light Belgian waffle dusted with powdered sugar, served with honey or maple syrup and fresh fruit
V

Skinny Breakfast **$14 USD / $28 BZ**
Homemade granola, fresh seasonal fruit and Greek yogurt
V

Continental **$13 USD / $26 BZ**
Seasonal fruit, granola and Greek yogurt, homemade breads, jam and butter. Served with fresh juice, coffee and black tea
V

SIDES

Bacon Slices **$7 USD / $14 BZ**
Ham Slices **$6 USD / $12 BZ**
Sausage **$6 USD / $12 BZ**
Basket of Freshly Baked Breads **$8 USD / $16 BZ**

Ask your server for our fresh juice and smoothie menu.
Coffee, decaffeinated coffee, cappuccino, espresso and hot teas are available.
V — Vegetarian · GF — Gluten Free
Prices are listed in USD and BZ and include GST of 12.5%. Gratuity not included.